

## SEEDS OF HOPE

**CHILDCARE** is a partnership between PKH and another non-governmental organization called Full Gospel Assembly, Cambodia which provides a Christian home to 124 poor and needy children. A third of these children are orphans whilst the others were street kids and children who once lived in the city dump and slum areas; they were admitted into the Childcare Centre between the ages of 6 and 12 years. The children live in safe dormitories adjoining the PKH (Anglican) Centre and attend the public schools in Kampong Speu.



## PKH LIVING STREAMS YOUTH CLUB

organizes weekend programmes for youths studying at the PKH(Anglican) Centre as well as for others in Kampong Speu. Recreational activities, pastoral guidance and Christian counseling are jointly conducted by a Cambodian pastor with his team of students from a local Bible College and the staff of the PKH Centre.



## HOW YOU CAN HELP

We would like to invite you today to make a difference in the lives of the needy Cambodians by partnering with Project Khmer H.O.P.E.(PKH) in ...

## PRAYING

That the poor and needy will know the love of God in Jesus Christ and that people who show kindness to them will experience the joy of the Lord.

## SHARING

We welcome assistance in these areas:

- skills development — teaching of English,

music, computers, hospitality etc

- childcare — teaching of English
- healthcare — medical, dental, nursing services
- others — practical help to improve the facilities etc

## GIVING

Regular (monthly, quarterly or annual) giving or one-off donations will be appreciated and acknowledged with official receipts. All contributions will be used solely for the work of helping the poor and needy within the scope of PKH and not for administrative costs/overheads for the work.

Kindly make your cheque payable to ST ANDREW'S CATHEDRAL, marked PKH on the reverse side and mail together with the portion below to Project Khmer H.O.P.E.

Name: Dr / Mr / Mrs / Miss \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_ Tel : \_\_\_\_\_

## SKILLS DEVELOPMENT FOR YOUTHS AT THE PKH (ANGLICAN) CENTRE

Support a youth through vocational training

USD50/- per mth  USD600/- per yr

Provide a youth with dormitory accommodation and meals

USD55/- per mth  USD660/- per yr

## CHILDCARE FOR ORPHANS AND STREET/POOR CHILDREN AT THE CHILD CARE CENTRE

Provide a child with a home at the Childcare Centre, meals and schooling

USD50/- per mth  USD600/- per yr

## MAKE A SUBSTANTIVE CONTRIBUTION TOWARD THE FUTURE EXPANSION OF PKH'S WORK

Be a Project Khmer H.O.P.E. Sponsor of the various aspects of PKH's work

eg. Childcare, healthcare, capital equipment etc

Make either:

- a specific gift or bequest of a certain sum in your will to "St. Andrew's Cathedral", 11, St. Andrew's Road, Singapore 178959 for the work of Project Khmer H.O.P.E. in Cambodia OR
- a residuary gift in your will to "St. Andrew's Cathedral", 11, St. Andrew's Road, Singapore 178959 for the work of Project Khmer H.O.P.E. in Cambodia.

## Contact / Enquiries

Project Khmer H.O.P.E. c/o St Andrew's Cathedral 11 St Andrew's Road Singapore 178959

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PKH HEALTHCARE

JULY 2005



1 out of 10 Cambodian children dies before the age of 5 years.

# YOU CAN MAKE A DIFFERENCE

*"Let us not become weary in doing good for at the proper time we will reap a harvest if we do not give up. Therefore, as we have opportunity, let us do good to all people..." Galatians 6:9-10*



Project Khmer H.O.P.E. (Humanitarian Outreach for Peace on Earth) was set up by St Andrew's Cathedral (Singapore) in 2000 to share God's love with poor and needy Cambodians by meeting their economic and social needs.

SCOPE OF WORKS

PKH HEALTHCARE

PKH SKILLS DEVELOPMENT

SEEDS OF HOPE CHILDCARE

PKH LIVING STREAMS  
YOUTH CLUB



## WHY IS THERE SUCH A NEED FOR HEALTHCARE SERVICES IN CAMBODIA?

**For poor Cambodians who can barely afford basic food, any member of the family falling sick is a catastrophe. Seeing a doctor, buying medicine and having an operation are far too expensive for many.**

- Health services remain one of the causes of indebtedness of the poor and vulnerable in Cambodia.
- Only 20% of the population has access to healthcare services of any kind
  - Avg cost of one episode of illness is US\$15.
  - Avg cost of one hospitalization is US\$65.
  - Avg monthly income of one working adult is US\$25.
- 45% of Cambodians resort to moneylenders to fund costs associated with an illness.
- A recent study reported that 46% of landlessness originated in settling debts related to health expenditure.
- Dismal national health budget of US\$2 per person is barely enough for running adequate/minimum basic health services in the public sector.
- The most common course of action in the event of an illness is the random purchase of drugs without prescription.

- Official figures from the Ministry of Health and the WHO show that of the 2250 pharmacies operating in Cambodia, 2000 are illegal.

10% of drugs sold locally are counterfeit, 3% are substandard and an unknown percentage are expired drugs dumped into Cambodia by other countries after the expiry date.

- Many also resort to traditional folk healers present in every village called "Khru Khmer" who use traditional medicines and spiritism in their practice.
- A Cambodian child is more likely to die before the age of 1 year than a child in any other country in the East Asia and Pacific region-UNICEF Report.
- Pregnancy for a Cambodian woman is a condition of maximum risk. 900 out of 100,000 die if there is the least complication, one of the highest rates in the world.
- "...almost all births take place at home with traditional midwives. They don't know how to spot difficult births in advance. The women are taken to town by oxcart or boat at the last moment and they arrive too late." Florence Beauvilliers, a French midwife working in the provinces of Cambodia.
- Highest prevalence rate of amputations in the world (1 per 236 persons, ~ 6mil landmines still remaining in the ground).
- Common illnesses : diarrhoea, acute respiratory infections, dengue hemorrhagic fever, malaria, malnutrition, other vaccine-preventable diseases. Highest prevalence rate of HIV/Aids in the region (4.04% of adults bet 15-49yr). AIDS has orphaned 140,000 children.



### THE PKH HEALTHCARE DEPARTMENT

provides basic medical and dental services to the children, youth and staff of the Seeds of Hope Childcare and PKH Skills Development Programmes. It is equipped with medical/dental consultation rooms, a pharmacy and a mini laboratory, and it is staffed by a team comprising a Cambodian doctor, a healthcare worker and a healthcare assistant operating from a single-storey building at the PKH (Anglican) Centre in the Province of Kampong Speu. Healthcare services are also extended to the remote parts of the Province by way of a mobile healthcare unit. The PKH facility serves as an operating base for overseas healthcare teams visiting the Province.

### THE PKH SKILLS DEVELOPMENT DEPARTMENT

provides poor youth, aged 17 to 23 years, from Kampong Speu and the other provinces with vocational training. There are now 60 young men and women in the 1st student intake learning English. In the 2nd year of their training, these students will choose to learn skills relating to computers /IT, Hospitality Services and Healthcare Services. This Department operates from a 3-storey building housing a youth hostel, classrooms, a computer laboratory and a library at the PKH (Anglican) Centre in Kampong Speu, and it is staffed by expatriate as well as Cambodian trainers.

