

Kindly make your cheque payable to ST ANDREW'S CATHEDRAL, marked PKH on the reverse side and mail together with the portion below to Project Khmer H.O.P.E.

Name: Dr / Mr / Mrs / Miss _____

Address: _____

Email: _____ Tel : _____

SKILLS DEVELOPMENT FOR YOUTHS AT THE PKH (ANGLICAN) CENTRE
Support a youth through vocational training with accommodation and meals

US\$140/- or S\$190 per month US\$1680/- or S\$2280 per year

One-off donation of _____

CHILDCARE FOR 40 ORPHANS, STREET AND POOR CHILDREN

Provide a child with a home, meals and schooling

US\$60/- or S\$80 per month US\$720/- or S\$960 per year

One-off donation of _____

REPLACEMENT OF THE PKH CENTRE VAN

Provide a new mini-bus to replace the old van used for ferrying the youths to the cities for training and job interviews.

US\$33,500 or S\$45,000 for the purchase of a new mini-bus

One-off donation towards this purchase

MAKE A SUBSTANTIVE CONTRIBUTION TOWARD THE FUTURE EXPANSION OF PKH'S WORK

Be a PKH Sponsor of the various aspects of PKH's work

eg. skills training, healthcare, childcare, capital equipment etc

Make either:

- a specific gift or bequest of a certain sum in your will to "St. Andrew's Cathedral", 11, St. Andrew's Road, Singapore 178959 for the work of Project Khmer H.O.P.E. in Cambodia

All contributions will be used solely for the work of helping the poor and needy within the scope of PKH and not for administrative costs/overheads for the work.

Contact / Enquiries

Project Khmer H.O.P.E.
 c/o St Andrew's Cathedral 11 St Andrew's Road Singapore 178959
 Tel : +65-63376104 ext 121, 112 Fax : +65-63391197
 Email : khmerhope@livingstreams.org.sg
 Website: http://www.livingstreams.org.sg/pkh/

MEN AT WORK

A new course was started at the PKH Centre in March 2010. 24 young men enrolled in the 9-month Industrial Skills Course to be equipped with technical skills required for handyman services and technical maintenance. These include basic carpentry, plumbing, welding, electrical and painting works, and the installation and maintenance of air-conditioners. This course helps young men to be employable in an economy that has seen more commercial and hotel buildings being constructed in recent years.



HOW YOU CAN HELP

We would like to invite you today to make a difference in the lives of needy Cambodians by partnering with Project Khmer H.O.P.E. :

PRAYING

That the poor and needy will know the love of God in Jesus Christ and that people who show kindness to them will experience the joy of the Lord. If you would like to join others in praying for the people of Cambodia and the work of PKH, please send us your name and contact.

SHARING

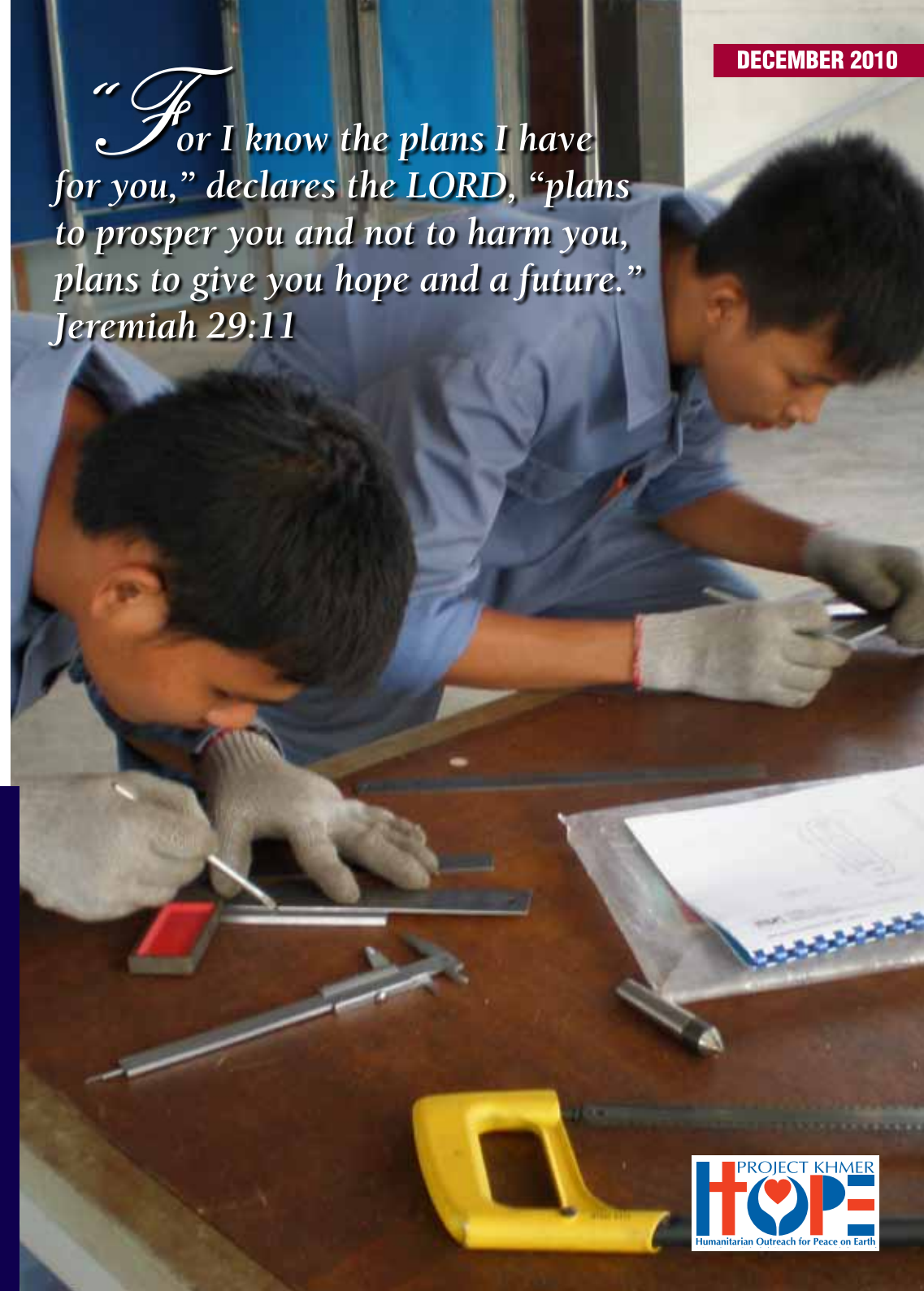
We welcome assistance in these areas:

- Skills Training — teaching English, computers, hospitality services, technical subjects
- Healthcare — medical, dental, general healthcare services
- Others — practical help to improve the facilities at the PKH Centre

GIVING

to the on-going work

Regular (monthly, quarterly or annual) or one-off donations will be appreciated and acknowledged with official receipts.



“For I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future.”
 Jeremiah 29:11

Project Khmer H.O.P.E. (Humanitarian Outreach for Peace on Earth) was set up by St. Andrew's Cathedral, Singapore in 2000 to share God's love with poor and needy Cambodians by meeting their economic and social needs. It operates from the PKH (Anglican) Centre located in the Chbarmon district of Kampong Speu Province in Cambodia.

PKH was registered as an international non-governmental organization (NGO) in Cambodia in January 2002 and it works in collaboration with the Ministry of Social Affairs, Veterans and Youth Rehabilitation.

PKH SKILLS DEVELOPMENT

... a chance to break out of the poverty cycle.

PKH works at transforming the lives of 120 poor and needy youths each year through its vocational skills training programme. Many of these young men and women, between the ages of 17 and 23 years, drop out of school because of poverty. They usually live at subsistence levels by working in the fields; quite a few of them have been driven to delinquency and drugs.

Tourism has been on the increase in Cambodia and PKH has chosen to give such youths a hope and a future by equipping them with skills to work in the hotel / tourism industry. They are provided with free lodging, food and vocational training at the PKH Centre. The 2-year programme



comprises an intensive course in the first year to enable the youths to speak and to write English, as well as to use the computer. This is followed by a comprehensive course in either Hospitality Services or Housekeeping, and a 3-month industry attachment in the hotels. The training is conducted by a team of expatriate and local trainers.

In the last 5 years, more than 90% of these youths have gained employment in the tourist hubs of Siem Reap, Sihanoukville and Phnom Penh. They work in the departments of Food and Beverage, Housekeeping and the Front Office of the hotels. Their starting salaries range between US\$60 and US\$90. With these jobs, they are able to support themselves and also provide for their families in the provinces. These young people have had a chance to break out of the poverty cycle.



PKH's scope of works includes ...



CHILDCARE for Orphans, Street-kids and Poor Village Children

Seeds of Hope Childcare is PKH's joint effort with another NGO, Full Gospel Assembly Cambodia (FGAC) which cares for 120 poor and needy children (6-18 years old). Since 2001, PKH annually supports 40 of these disadvantaged children. They are provided with a Christian home at the adjoining FGAC Centre/Orphanage and with education in public schools. Over the years, many of these children have grown up well, with a significant number of them receiving tertiary education in the universities in Phnom Penh, and others, gainfully employed. These children have received help and they now lead meaningful lives.

HEALTHCARE for the very poor

PKH works to reduce Cambodia's rate of child mortality as well as to combat diseases and malnutrition in the very rural areas of the Kampong Speu Province. This year, the PKH doctor and healthcare team treated an average of 340 villagers a month. This was done by providing free mobile clinic services at 3 health-posts (Char En, Tropeng Chou and Rolak Kong Choeun) set up in Aoral District. This is a very remote district in the Province and it lacks an operational medical clinic / centre. Here, healthcare practices, including pre and post natal care, are often primitive. The healthcare team also attends to the basic medical needs of the 250 children, youth and staff at the PKH Centre.



PASTORAL GUIDANCE for youths

The Living Streams Youth Club organises recreational activities and offers Christian pastoral guidance during the weekends. The Club aims at improving the social fabric of the community by building the lives and character of the youths. There are youths who have come to

faith in Jesus Christ; they have had their lives transformed by the power of God's love.

HUMANITARIAN AID to the community

Welfare aid in the form of rations of rice, oil, blankets, soap, mosquito nets, clothing and medicines are often distributed to poor villagers suffering the effects of drought or floods.

