

# HOW YOU CAN HELP

We would like to invite you today to make a difference in the lives of the needy Cambodians by partnering with Project Khmer H.O.P.E.

**PRAYING** If you wish join others in praying for the people of Cambodia and for PKH's work, please let us have your e-address and we will e-mail you the monthly prayer letter.

**SERVING** We welcome assistance in these areas:

- Teaching English, computer studies, hospitality and domestic services, technical subjects
- Providing medical, dental and general healthcare services
- Rendering practical help to improve PKH's facilities in Cambodia

**GIVING** Regular and one-off donations will be appreciated and acknowledged with official receipts.

### VOCATIONAL TRAINING FOR 120 YOUTHS AT THE PKH CENTRE, CHBARMORN

Support a youth through vocational training with accommodation and meals.

- US\$2000 / S\$2500 per year
- US\$165 / S\$210 per month
- One-off donation of \_\_\_\_\_

### VOCATIONAL TRAINING FOR 50 YOUTHS AT THE PKH CENTRE, AORAL

Support a youth through vocational training with accommodation and meals.

- US\$2150 / S\$ 2690 per year
- US\$180 / S\$225 per month
- One-off donation of \_\_\_\_\_

Contribute towards the one-time cost of US\$30,000 / S\$37,500 for the purchase of a van for the Centre's use. \_\_\_\_\_

### EDUCATION FOR 250 POOR VILLAGE CHILDREN AT CHOM BOK PRIMARY SCHOOL

Provide a child with schooling and one meal each school day.

- US\$150 / S\$185 per school year
- One-off donation of \_\_\_\_\_

### CHILDCARE FOR 36 ORPHANS, STREET KIDS AND POOR VILLAGE CHILDREN AT 'SEEDS OF HOPE'

Support a child with a home, meals and schooling.

- US\$720 / S\$900 per year
- US\$60 / S\$75 per month
- One-off donation of \_\_\_\_\_

### MAKE A SUBSTANTIVE CONTRIBUTION TOWARD THE FUTURE EXPANSION OF PKH'S WORK

by making either a specific gift or bequest in your will to ST ANDREW'S CATHEDRAL, for the work of Project Khmer H.O.P.E. in Cambodia.

All contributions will be used solely for the work of helping the poor and needy within the scope of PKH and not for administrative costs / overheads.

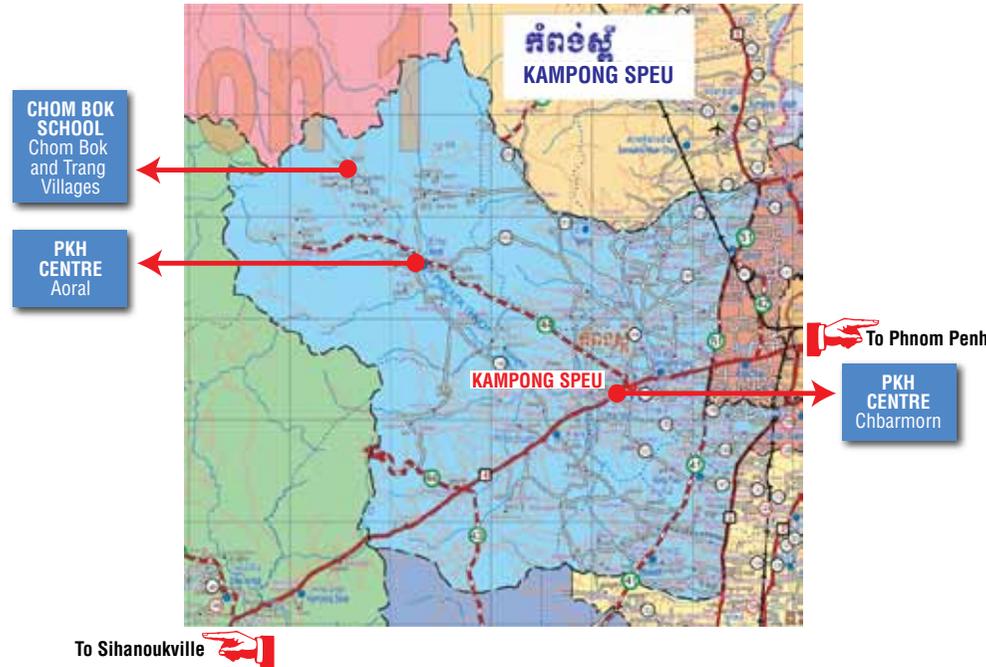
Kindly make your cheque payable to **ST ANDREW'S CATHEDRAL**, marked **PKH** on the reverse side and mail together with the portion below to **Project Khmer H.O.P.E., c/o St Andrew's Cathedral, 11 St Andrew's Road, Singapore 178959.**

Name : Dr / Mr / Mrs / Miss \_\_\_\_\_

Address : \_\_\_\_\_

Email : \_\_\_\_\_ Tel : \_\_\_\_\_ HP : \_\_\_\_\_

## The Locations of PKH's Work in the Province of Kampong Speu



### Project Khmer H.O.P.E. (Anglican) Centre, Chbarmorn

is set in the provincial town of the Kampong Speu Province. Built in 2005, the 1-hectare land houses dormitories, training and healthcare facilities to provide about 120 youths with residential vocational training, each year. PKH's Hospitality Services and Industrial Skills Courses are conducted at this Centre.

Adjoining this Centre, is the Seeds of Hope Childcare. Here, PKH partners another non-governmental organization, Full Gospel Assembly Cambodia since 2001, to care for a third or up to 40 of the disadvantaged children living in the orphanage.

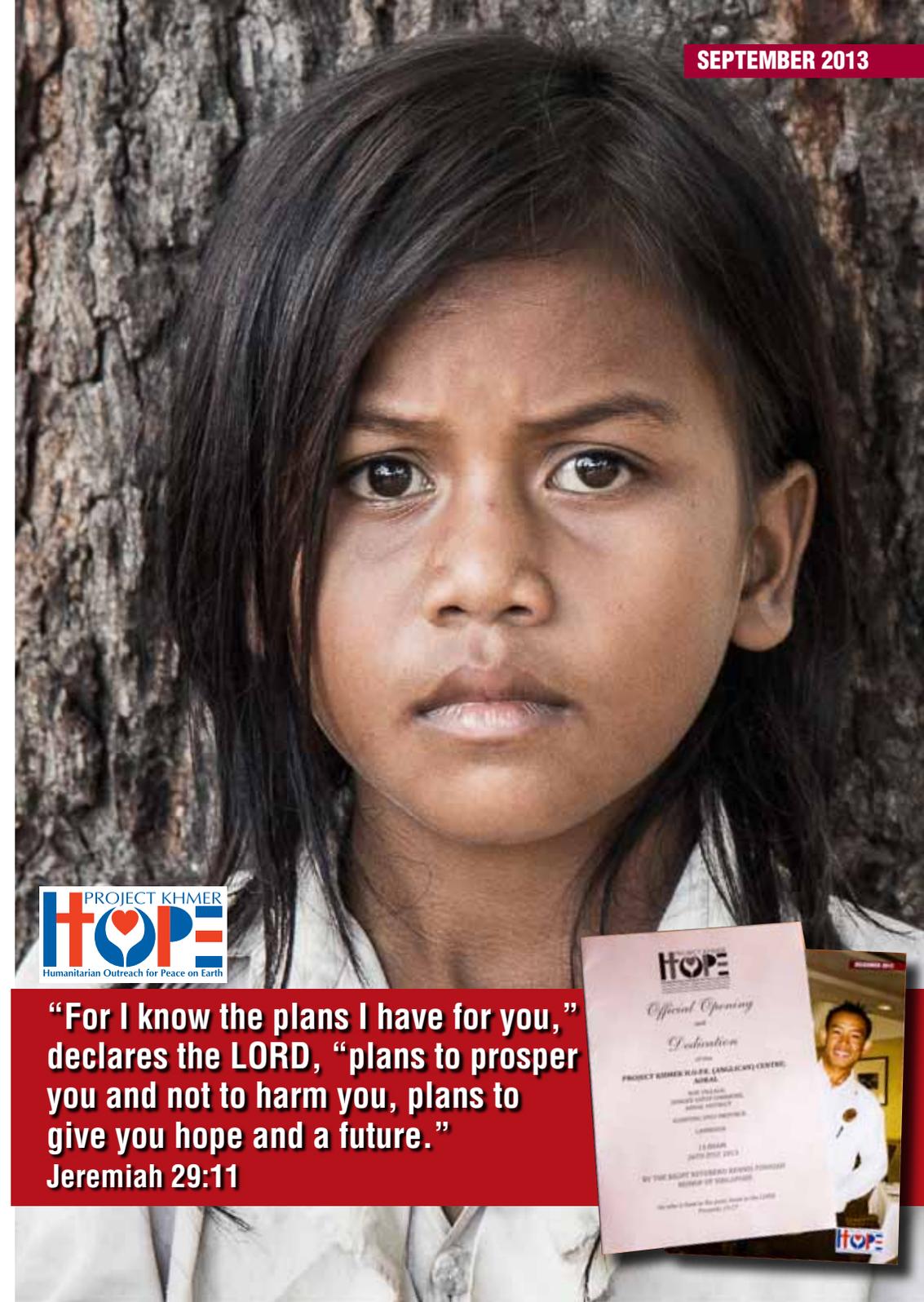
### Project Khmer H.O.P.E. (Anglican) Centre, Aoral

This new PKH Centre in Aoral, was dedicated to the glory of God by the Bishop of Singapore, the Right Reverend Rennis Ponniah on 26th

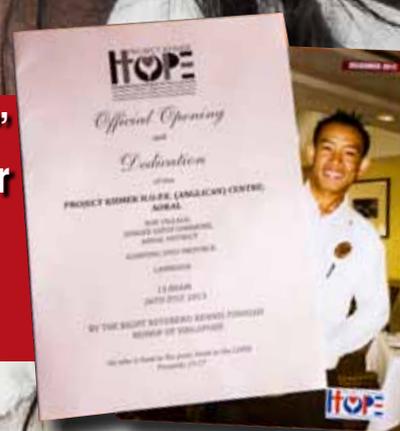
July 2013. With the expanded facilities on this 0.8-hectare land, PKH embarks on a new work to equip poor youths in Aoral with vocational skills. Up to 50 youths each year will train in Industrial Skills (for men) and Domestic Skills (for women). PKH also serves the community by providing English tuition to other youths.

### Chom Bok Primary School

The Krung and Suoy are (unreached) peoples without an indigenous and self-propagating church movement. In response to the Great Commission (Matthew 28: 18-20), Christians spread the message of salvation to them who are without access to the Gospel of Christ. PKH serves these minority communities living in Chom Bok Village and Trang Village through the work of Chom Bok Primary School.



**“For I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future.”**  
**Jeremiah 29:11**





**Project Khmer H.O.P.E. (PKH) was set up by St Andrew's Cathedral, Singapore in 2000 to share God's love with poor and needy Cambodians by meeting their social and economic needs. PKH is a non-governmental organization registered in Cambodia, working in collaboration with the Cambodian Ministry of Social Affairs, Veterans and Youth Rehabilitation. It operates from the 2 PKH (Anglican) Centres, located in Chbarmorn District and Aoral District, in the Province of Kampong Speu.**

## PKH'S SCOPE OF WORKS

PKH works to transform the lives of poor Cambodian children and youths, giving them a chance to break out of the poverty cycle. Its scope of works, all in Kampong Speu Province, includes –

- Vocational training in hospitality, industrial and domestic skills
- Education for poor village children
- Childcare for orphans, street children and poor village children
- Healthcare for the very poor
- Community help in various villages

### VOCATIONAL TRAINING FOR POOR YOUTHS

Many Cambodian youths drop out of school because of poverty. They usually live at subsistence levels by working in the fields; quite a few of them have been driven to delinquency and drugs.

PKH works at transforming the lives of poor young men and women between the ages of 17 and 23 years. This is done by equipping them with vocational skills. Trainees are provided with lodging, food and vocational training at the PKH Centres, free of charge.



### Hospitality Skills

Tourism has been on the increase in Cambodia and PKH has chosen to give such youths a hope and future, by equipping them with skills to work in the hotel tourism industry. The 2-year programme comprises an intensive course in the first year to enable the youths to read, write and speak English, as well as to use the computer. A team of expatriate trainers conducts the training. This is



followed by a 3-month industry attachment in the hotels.

Over the years more than 90% of these youths have gained employment in the tourist hubs of Phnom Penh, Siem Reap and Sihanoukville. They work in the departments of Food and Beverage, Housekeeping and the Front Office of the hotels. In 2012, all 100% of them had jobs very soon after completing their training.

### Industrial Skills

The Industrial Skills Course is for 1 year and it equips young men with the technical know-how for construction works and building maintenance. The skills taught include basic carpentry, brick-laying, plumbing, welding, electrical works, and the installation and maintenance of air-conditioners. They enable men to seek employment in the maintenance departments of hotels, construction and engineering firms.



### Domestic Skills

The Domestic Skills Course is for 1 year and it equips young women with the basics of housekeeping, laundry and kitchen work, and child-minding. Trainees also learn to speak English. These skills enable women to gain meaningful employment as domestic helpers in private homes or in the housekeeping departments and kitchens in the hotels.



**With jobs, these young people are able to support themselves and also provide for their families in the provinces. They have had a chance to break out of the poverty cycle.**

### Pastoral Guidance for Youths

As part of the overall development of the youths at the PKH Centre, recreational activities and Christian pastoral guidance are also offered during the weekends. These activities and sessions are organized by the Living Streams Youth Club. The Club aims at improving the social fabric of the community by building the lives and character of youths. There are youths who have come to personal faith in Jesus Christ; they have had their lives transformed by the power of God's love.



### EDUCATION FOR POOR VILLAGE CHILDREN

Aoral is a place with one of the lowest literacy rates in Cambodia. Many children do not go to school as their parents cannot afford the cost of education. The few schools in this remote district lack trained teachers and educational facilities.

PKH works with the District Governor and

Education Department to bring literacy to the minority communities in Aoral District by providing primary education for the children of the Krung and Suoy peoples living in Chom Bok Village and Trang Village. It enables 250 children (between the ages of 6 and 15 years) to receive education free of charge at Chom Bok Primary School. PKH provides schooling facilities (uniforms, books, stationery, staff quarters and library), trained teachers for the school, lessons per government curriculum, tuition in English and Bible knowledge, and a full meal for each child every school day.

### CHILDCARE FOR ORPHANS, STREET KIDS AND POOR VILLAGE CHILDREN

Seeds of Hope Childcare is PKH's joint effort with another organization, Full Gospel Assembly Cambodia (FGAC) which cares for about 120 poor and needy children from 6 to 18 years of age. Since 2001, PKH annually supports a third of these disadvantaged children.

The children are provided with a Christian home at the adjoining FGAC Centre/Orphanage and with education in public schools. Over the years, many of these children have grown up well, with a significant number of them pursuing higher education in the universities in Phnom Penh, and others gainfully employed. These children have received help and they now lead meaningful lives.



### HEALTHCARE FOR THE VERY POOR

PKH works to reduce Cambodia's rate of child mortality as well as combat diseases and malnutrition in the very rural areas of Kampong Speu Province. It provides basic healthcare to the students of Chom Bok Primary School.

### COMMUNITY HELP

Welfare aid in the form of rations or rice, oil, blankets, soap, mosquito nets, clothing and medicines are distributed to poor villagers suffering the effects of drought and floods. PKH also brings aid to communities by embarking on small scale projects to provide wells and solar-powered lighting.

### Contact / Enquiries

Project Khmer H.O.P.E.  
Tel: +65 63376104 ext 121, 112 (Singapore)  
+855 12923805 (Cambodia)  
Email : khmerhope@livingstreams.org.sg  
Website: <http://www.livingstreams.org.sg/pkh>

